

Ponderosa Diner

Breakfast Menu

Served 8:30am to 10:00am

Omelets

Denver: Eggs, Ham, Cheddar Cheese, Green & Red Peppers, Onions.

Florentine: Eggs, Spinach, Onions, Tomato, Black Olives, Parmesan Cheese.

Meat Lover: Eggs, Ham, Sausage, Bacon Monterrey Jack Cheese.

Ponderosa: Eggs, Bacon, Tomato, Onions, Cheddar Cheese.

Steak Fajita: Eggs, Sirloin, Steak, Red & Green Peppers, Onions, Salsa, Sour Cream.

Breakfast Scrambler

Sonoran: Scrambled Eggs, Onions, Corn Tortilla, Bacon

Cascade: Scrambled Eggs, Onions, Roasted Peppers, Tomato, Monterrey Jack Cheese.

Early Bird: Scrambled Eggs, Ham, Cheddar Cheese, Onions.

California: Scrambled Eggs, Avocado, Tomatoes, Spinach, Onions, Cheddar Cheese.

American Breakfast

All American: Eggs Your Way, Bacon or Sausage, Hash Browns, Toast.

Mountain Breakfast: Eggs Your Way, Chicken Fried Steak, Gravy, Hash Browns.

Eggs Benedict: Poached Eggs, Canadian Bacon, English Muffin, Hollandaise Sauce.

Breakfast Sandwich: Fried Egg, English Muffin, American Cheese, Sausage Patty

Easy Starter: Eggs Your Way, Hash Browns, Toast.

Griddle Starters

Hot Cakes: Two Hot Cakes, Bacon or Sausage, Butter, Syrup.

Berry French Toast: Two French Toasts, Blueberry and Strawberry Compote, Whipped Topping.

Banana Whipped Crepes: Two Crepes, Bananas, Whipped Topping.

Healthy Starters

Oatmeal: Bowl of Oats, Milk, Brown Sugar, Raisins, Toast.

Cream of Wheat: Bowl of hot Cereal, Milk, Brown Sugar, Raisins, Toast

Bowl of Fresh Fruit: Papaya, Mango, Strawberry, Cantaloupe, Pineapple, Honeydew, Grapes.

Morning Smoothie: Yogurt, Banana, Strawberry, Orange, Blueberry.

Ponderosa Diner

Lunch Menu

Served 12:30pm to 2:00pm

Salads

Veggie Plate: Cherry Tomato, Celery, Cucumber, Carrots, Cauliflower, Broccoli.

Cobb Salad: Iceberg, Chicken, Bacon, Tomato, Black Olives, Blue Cheese, Avocado.

Egg Salad: Iceberg, Eggs, Celery, Onions, Olives, Cherry Tomatoes, Mayonnaise, Cheddar.

Sandwiches

B.L.T: Bacon, Lettuce, Tomato, Mayonnaise, Choice of Bread.

Turkey Melt: Roasted Turkey, Swiss Cheese, Mayonnaise, Choice of Bread.

Hot Pastrami: Pastrami, Swiss Cheese, Mustard, Hoagie Roll.

Shrimp Roll: Shrimp, Lemon, Dill, Lettuce, Tomato, Mayonnaise, Dill, Hoagie Roll.

Grilled Cheese: American Cheese, Butter, Choice Of Bread.

Veggie Kicker: Avocado, Tomato, Cucumber, Lettuce, Onions, Choice Of Bread.

Crunchy Taco Bar

Beef Tacos: Ground Beef, Lettuce, Tomato, Salsa, Cheddar Cheese Corn Shells.

Chicken Tacos: Grilled Chicken, Lettuce, Tomato, Salsa, Cheddar, Corn Shells.

Fish Tacos: Fried Cod, Lettuce, Tomato, Salsa, Cheddar, Corn Shells.

Potato Tacos: Potatoes, Lettuce, Tomato, Salsa, Cheddar, Corn Shells.

Burgers & More

Ponderosa Burger: Beef Patty, Lettuce, Tomato, Pickle, Hamburger Bun.

Chicken Basket: Chicken Tenders, French Fries, BBQ Sauce.

Fish & Chips: Beer Battered Cod, French Fries, Tartar Sauce.

Patty Melt: Beef Patty, Grilled Onions, Swiss Cheese, Mayonnaise, Choice of Bread.

Falafel Pita: Falafel, Hummus, Lettuce, Tomato, Cucumber, Onions, Pita

Chicken Pita: Grilled Chicken, Hummus, Lettuce, Tomato, Cucumber, Onions, Pita.

Sides

Cole Slaw, French Fries, Potato Chips, Soup of the Day, Side Salad

Desserts

Please ask your Dietary Aide for Our Dessert options. One per resident.

Ponderosa Diner

Dinner Menu

Served 4:00pm to 6:00pm

Salads

Veggie Plate: Cherry Tomato, Celery, Cucumber, Carrots, Cauliflower, Broccoli.

Cobb Salad: Iceberg, Chicken, Bacon, Tomato, Black Olives, Blue Cheese, Avocado.

Egg Salad: Iceberg, Eggs, Celery, Onions, Olives, Cherry Tomatoes, Mayonnaise, Cheddar.

Dinner Entrees

Spaghetti & Meatballs: Homemade Meatballs, Spaghetti, Marinara Sauce, Parmesan.

Fried Chicken: Fried Chicken, Mashed Potatoes, Gravy, Corn, Biscuit.

Beef Pot Roast: Beef Sirloin, Carrots, Cabbage, Corn, Tomatoes, Mashed Potatoes.

Chicken Alfredo: Grilled Chicken, Alfredo Sauce, Linguini Noodles, Parmesan.

Shrimp Pink: Shrimp, Linguini, Tomato, Cream, Basil, Parmesan

Chicken Fried Steak: Chicken Fried Steak, Gravy, Mashed Potatoes, Veggies.

Rosemary Tilapia: Tilapia Fillet, Rosemary Butter, Wild Rice, Veggies.

Country Style Pork Ribs: Pork Ribs, Adobo Sauce, Mashed Potatoes, Veggies.

Pasta Primavera: Zucchini, Squash, Tomato, Onions, Linguini, Butter, White Wine.

Roasted Chicken & Mushrooms: Roasted Chicken Breast, Mushrooms, Gravy, Mashed Potatoes, Veggies.

Corned Beef & Cabbage: Corned Beef, Cabbage, Carrots, Potatoes. Sugar Glaze.

Burgers & More

Ponderosa Burger: Beef Patty, Lettuce, Tomato, Pickle, Hamburger Bun.

Patty Melt: Beef Patty, Grilled Onions, Swiss Cheese, Mayonnaise, Choice of Bread.

Shrimp Roll: Shrimp, Lemon, Dill, Lettuce, Tomato, Mayonnaise, Dill, Hoagie Roll.

B.L.T.: Bacon, Lettuce, Tomato, Mayonnaise, Choice of Bread.

Grilled Cheese: American Cheese, Butter, Choice Of Bread.

Sides

Scalloped Potatoes, Mashed Potatoes, Chips, Salad, Soup of Day

Desserts

Please ask your Dietary Aid for Tonight's Dessert Options. One per Resident!!