

Ponderosa Breakfast Menu

Served Daily 8:30 AM - 10:00 AM

Healthy Starters

Market Bowl: Large Seasonal Fruit Bowl, Choice of Cottage Cheese or Yogurt, Choice of Toast.

Very Berry Smoothie: Strawberry, Blueberry, Banana, Orange, Whipped Topping.

Ham & Cheese Crepes: Two Crepes, Scrambled Eggs, Country Ham, Hollandaise Sauce, Fruit Cup.

Farmer's Crepes: Two Crepes, Spinach, Onions, Tomato, Roasted California Pepper, Eggs, Hollandaise, Fruit Cup.

Fruit Crepes: Two Crepes, Strawberries, Banana, Whipped Topping, Strawberry Yogurt.

Toast Platter: Choice of Toast, Cream Cheese, Jelly, Tomatoes, Cucumbers, Avocado, Cottage Cheese.

Cereal Bowl: Choice of Hot or Cold Cereal, Banana, Choice of Toast.

Griddle Classics

Pecan Pancakes: Two Buttermilk Pancakes, Pecans, Butter, Syrup, Choice of Bacon or Sausage.

Blueberry Pancakes: Two Buttermilk Pancakes, Blueberries, Butter, Whipped Topping, Choice of Bacon or Sausage.

Breakfast Grilled Cheese: Choice of Bread, Scrambled Eggs, Provolone Cheese, Butter, Tomatoes, Country Potatoes.

Breakfast Pita: Pita, Steak, Onions, Cheddar Cheese, Eggs, Potatoes.

Breakfast Platters

All American: Two Eggs Your Way, Choice of Bacon or Sausage, Country Potatoes, Choice of Toast.

Ham Steak & Eggs: Two Eggs Your Way, Grilled Ham Steak, Country Potatoes, Choice of Toast.

Biscuits & Gravy: Homemade Biscuit, Sausage Gravy, Country Potatoes.

Veggie Omelet: Two Eggs, Tomato, Onion, Peppers, Cheddar Cheese, Country Style Potatoes.

Triple Swine Omelet: Two Eggs, Bacon, Ham, Sausage, Cheddar Cheese, Country Style Potatoes.

Arnie Platter: Two Scrambled Eggs, Potatoes, Bacon, Sausage, Cheddar Cheese, Sausage Gravy.

Bacon & Cheese Scramble: Two Eggs, Bacon, Cheddar Cheese, Country Style Potatoes.

Garden Scrambler: Two Eggs, Spinach, Tomato, Onions, Jack Cheese, Country Style Potatoes.

Short Platter: Two Eggs Your Way, Choice of Toast, Fruit Cup.

"Remember all Residents are allowed to order only one entrée per meal,"

Ponderosa Lunch Menu

Served Daily 12:30 PM – 2:00 PM

Soup & Salads

Soup du Jour: Ask Your Dietary Aide what our Soup of the Day is.

Roasted Vegetable Salad: Asparagus, Carrots, Mushrooms, Onions, Tomatoes, Squash, Balsamic Vinaigrette.

Potato Salad: Russet Potato, Eggs, Mustard, Mayonnaise, Celery, Black Olives, Green Onions, Iceberg Lettuce.

Chicken Waldorff Salad: Chicken, Pecans, Cranberries, Red Onions, Granny Smith Apples, Mayonnaise, Lemon Zest, Iceberg Lettuce.

Caesar Salad: Romaine Lettuce, Parmesan Cheese, Croutons, Caesar Dressing, Lemon Wedge.

Philly Bar

Steak Philly: Sirloin Steak, Grilled Onions, Grilled Peppers, Provolone Cheese, Hoagie Roll, Choice of Side.

Chicken Philly: Grilled Chicken, Grilled Onions, Roasted Mushrooms, Provolone Cheese, Hoagie Roll, Choice of Side.

Veggie Philly: Grilled Onions, Grilled Peppers, Mushrooms, Provolone Cheese, Hoagie Roll, Choice of Side.

Ponderosa Entrees

Papa's Lasagna: Ground Beef & Pork, Marinara Sauce, Mozzarella, Pasta, Parmesan, Basil, Garlic Toast.

Mama's Lasagna: Spinach, Mushrooms, Onions, Marinara Sauce, Mozzarella, Pasta, Parmesan, Basil, Garlic Toast.

Ponderosa Grill Classics

Texas Grilled Cheese: Texas Toast, American Cheese, Bacon, Tomato, Butter, Choice of Side.

Fried Chicken Sandwich: Fried Chicken Breast, Lettuce, Tomato, Mayonnaise, Burger Bun, Choice of Side.

Grilled Bratwurst Roll: Pork Bratwurst, Sauerkraut, Mustard, Hoagie Roll, Choice of Side.

BBQ Beef Sandwich: Pulled Beef Brisket BBQ Sauce, Cole Slaw, Burger Bun, Choice of Side.

Pulled Pork Sandwich: Apple Brine Pork Butt, Cole Slaw, Honey- Apple Sauce, Burger Bun, Choice of Side.

Ponderosa Burger: Beef Patty, American Cheese, Lettuce, Tomato, Red Onions, Burger Bun, Choice of Side.

Veggie Burger: Black Bean Burger Patty, Avocado, Lettuce, Tomato, Red Onions, Hamburger Bun, Choice of Side.

Bacon Cheese Burger: Beef Patty, American Cheese, Bacon, Burger Bun, Choice of Side.

Sides

Potato Chips, Baked Beans, Cole Slaw, Side Salad, Cottage Cheese, Fruit, Yogurt.

Ponderosa Dinner Menu

Served Daily 4:00 PM – 6:00 PM

Soup & Salads

Soup du Jour: Ask Your Dietary Aide what our Soup of the Day is.

Roasted Vegetable Salad: Asparagus, Carrots, Mushrooms, Onions, Tomatoes, Squash, Balsamic Vinaigrette

Chicken Waldorff Salad: Chicken, Pecans, Cranberries, Red Onions, Granny Smith Apples, Mayonnaise, Lemon Zest, Iceberg Lettuce.

Caesar Salad: Romaine Lettuce, Parmesan Cheese, Croutons, Caesar Dressing, Lemon Wedge.

Ponderosa Grill Classics

Texas Grilled Cheese: Texas Toast, American Cheese, Bacon, Tomato, Butter, Choice of Side.

Ponderosa Burger: Beef Patty, American Cheese, Lettuce, Tomato, Red Onions, Burger Bun, Choice of Side.

Veggie Burger: Black Bean Burger Patty, Avocado, Lettuce, Tomato, Red Onions, Hamburger Bun, Choice of Side.

Ground Steak Sandwich: Ground Steak, Texas Toast, Mushroom Gravy, Crunchy Onions, Choice of Side.

Mushroom Swiss Burger: Beef Patty, Grilled Mushrooms, Swiss Cheese, Burger Bun, Choice of Side.

S.W. Burger: Grilled Chicken Breast, Grilled Onions, BBQ Sauce, Provolone Cheese, Burger Bun, Choice of Side.

Dinner Entrees

Roasted Turkey: Roasted Turkey, Gravy, Seasonal Vegetable, Choice of Two Sides.

Pan Seared Nordic Cod: Cod Loin, Thyme, Basil, Cream Sauce, Parmesan Chip, Choice of Two Sides.

Roasted Spaghetti Squash & Spinach: Spaghetti Squash, Butter, Onions, Spinach, Cream Sauce, Choice of Two Sides.

Grilled Sirloin Steak: Top Sirloin, Cab Butter, Seasonal Vegetable, Choice of Two Sides.

Chicken Tikka: Pan Roasted Chicken Thigh, Seasonal Vegetable, Greek Yogurt, Paprika, Choice of Two Sides.

Grilled Pork Chop: Bone-in Pork Chop, Seasonal Vegetables, Honey Mustard Cream Sauce, Choice of Two Sides.

Pan Seared Salmon w/Capers: Atlantic Salmon, Capers, Butter, Seasonal Vegetable, Choice of Two Sides.

Cheese Ravioli w/Pesto: Cheese Ravioli, Basil Pesto, Cream, Garlic Toast, Choice of Two Sides.

Sides

Mash Potatoes, Rice Pilaf, Three Bean Salad, Potato Chips, Seasonal Vegetables, Fruit, Cottage Cheese.